



Travel Packing List

Cabin baggage

- Tickets, vouchers
- Passport, Visas
- Credit cards, currency, travellers cheques
- Travel Insurance documentation
- Camera
- Digital Camera storage media (or film)
- Music Player (e.g. iPod, MP3, iPhone)
- Vaccination certificates
- Medication (including letter from Doctor)
- Drivers license
- Phone card details (local access numbers)
- Eye mask & Neck support pillow
- Address & e-mail list
- Reading material
- Diary & pens
- Eye glasses & sunglasses
- Toiletries (for flight / lost luggage)
- Airline regulation Liquids & Gels bag
- Spare underwear (in case lost luggage)
- Travel Guide Book, phrase book
- Draw string bag for flight (for misc things)

Toiletry Kit (suitcase)

- Razor (include blades), Gel
- Toothbrush & toothpaste
- Dental floss
- Deodorant
- Lip balm
- Contact Lens / Solution / Glasses cleaner
- Sunglasses
- Tissues

- Sunscreen
- Moisturiser
- Hair product (gel, mouse etc)
- Brush, comb
- Nail clippers
- Feminine hygiene products

Clothing

- Underwear
- Shirts
- Shorts
- Socks
- Pants, trousers, skirt
- Jacket
- Beachwear
- Cap, hat
- Wet weather gear & Umbrella
- Cold weather gear (thermal underwear etc)
- Shoes (walking, sneakers, flip flops, formal)
- Swimming goggles

First Aid Kit

- Inspect repellent (with high deet)
- Band-aid
- Pressure bandage
- Diarrhoea med (e.g. Loperamide)
- Nausea med (e.g. Stemetil)
- Dysentery – Kill germ med (e.g. Norloxacin)
- Throat lozenges
- Antihistamine
- Paracetamol
- Alcohol swabs
- Antifungal cream / rash cream
- Sleeping tablets

Electrical equipment

- Alarm clock

- Travel iron
- Power plug adaptor
- Batteries
- Flashlight

Security

- Padlocks (for luggage)
- TamperTells (see tampertell.com.au)

Miscellaneous

- Note book & pens
- Extra glasses and prescription
- Clothes line & pegs
- Washing power for clothes
- Binoculars
- Swiss army knife
- Suitcase strap

Before you leave

- Vaccinations are complete
- Utilities and bills are paid
- E-mail forwarded
- Snail mail forward or collected
- Plants to be watered
- Pets in care
- Empty refrigerator & perishables
- Keys to friend or family
- Itinerary/document copies to friend/family
- Turn off / unplug electrical equipment
- Cable TV service – suspend
- Water supply – turn off
- Confirm Airlines reservations
- Have mailbox clearer – Junk mail
- Put some lights on auto-timer
- Mobile/Cell Phone set to Roam & Unlocked